Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Saturday 22 Jul 2023 until 23:59 on Sunday 23 Jul 2023

Forecast Issued on Saturday 22 Jul 2023 at 03:44 by Met Office Aberdeen

Confidence: Moderate for Saturday, main uncertainty northern extent of rain. Low for Sunday, a slight chance of rain persisting. Confidence increases for Monday and Tuesday with main uncertainty cloud amounts. Good confidence for deteriorating conditions Wednesday, but low for details and timings.

Headline for Saturday 22 Jul 2023: A dull day, rain and hill fog in the south, drier in the north.

Mountain weather hazards on Saturday 22 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** High Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Light rain	Light rain	Cloudy	Cloudy	Cloudy
Precipitation probability					
40%	40%	40%	30%	30%	20%

Forecast for Saturday 22 Jul 2023

Weather: A mostly dry but overcast day across Lochaber. Further south, rain is likely to persist, particularly across Arran and perhaps Argyll, for much of the day. Remaining cloudy in the evening, perhaps a few breaks along the Lochaber coast, with all ranges likely dry by midnight.

Chance of cloud-free hill tops above 800m: 10-20% in the south, 60% in the north.

Low Cloud and visibility: Poor or very poor visibility in the south. Generally good outside of low cloud in the north. Cloud bases around 1200m across Lochaber, lifting above the summits in the afternoon, but bases 400m lifting to 700m across Arran and Argyll.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Saturday 22 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	9/11 E	13/17 SE	16/21 SE	18/23 SE	20/26 E	25/32 E	17/24 E
900	13/15 SE	16/20 SE	16/21 SE	16/21 SE	17/23 E	20/27 E	16/24 E
600	4/5 NE	8/10 SE	13/18 SE	15/21 SE	18/24 E	22/29 E	17/23 NE
300	2/4 NE	4/5 E	12/20 SE	12/20 E	12/21 E	12/23 E	5/10 N
Glen	3/10 E	5/10 NE	8/13 SE	10/16 SE	9/17 E	7/14 NE	10/21 NE

Height (m)	Temperature / Feels Like (°C)						
1300	5/2	5/1	6/1	6/2	6/1	5/0	5/0
900	6/3	8/4	10/6	10/7	10/6	8/4	7/3
600	10/9	11/9	13/10	13/10	13/10	12/8	10/7
300	10/10	13/12	15/12	15/13	15/13	13/11	12/11
Glen	12/12	15/14	18/16	18/16	17/16	15/14	13/12
Freezing Level*	2100m	2200m	2300m	2400m	2400m	2400m	2300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling cool in the wind on the tops, especially in any rain.

Forecast for Sunday 23 Jul 2023
Weather: Most likely dry through the early hours with low cloud gradually breaking up. Then a bright day with sunny spells. Cloud will thicken for a few hours bringing a few scattered showers in the afternoon, but many hills staying dry. A dry evening with clear spells.

Maximum wind: Northeast 20 gusting 30 mph gradually easing to 15-20 mph by late afternoon.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Very good visibility with any patchy low cloud dispersing at or soon after dawn

Temperature: **Glens:** Plus 11 Celsius rising to 16 Celsius
At 800m: Plus 7 Celsius rising to 11 Celsius
Freezing level: Above the summits.

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